

Beechwood Childcare Limited

Feeding and Diet Policy

1. This policy relates particularly to the nursery where main meals are provided, but the principles still apply to sessional care in school clubs and day care in holiday clubs.
2. Nursery lunches are provided by experienced outside caterers, who can provide us with a detailed list of ingredients used. Menus are planned by the caterers in consultation with nursery staff. Weekly menus are displayed along with teas, where provided, and are available for parents to view on request.
3. Special dietary requirements because of religion, health or any other reason will always be met. These should be discussed and recorded prior to a child starting at the group. We adhere to the new guidance, regarding children's allergies, and ask parents for detailed information regarding their children's dietary requirements.
4. Children are provided with drinks and a snack mid-morning and mid-afternoon at the nursery and holiday club. Water and Squash (free of extra added sugar and colourings) is available for those that do not like milk. Drinks fruit and snacks are available to children attending school clubs after school.
5. Additional drinks are always available.
6. Although children may well be encouraged to try new foods, no child will be forced to eat.
7. Food and drink will never be withheld as a punishment